

# Phyto-Reds

## *Antioxidant-rich, whole food fruit and vegetable powder*

Phyto-Reds is a delicious whole food extract powder containing cherries, strawberries, blueberries and other highly nutritious organic fruits and vegetables, with an additional 10 mg of a proprietary enzyme blend to assist in the digestion of carbohydrates, proteins and fats. One serving has the equivalent antioxidant capacity of four servings of fruit, based on the USDA-developed method for measuring antioxidant activity, known as ORAC (Oxygen Radical Absorbance Capacity). However, if someone were to eat four servings of fruits, they would also ingest an average of 60g of carbohydrates from a mix of the simple sugars glucose and fructose. Phyto-Reds was designed to be low in calories and sugar (contains only 7g of effective carbohydrates), while providing all the phytonutrients from ten powerful fruits and vegetables, including extracts from grape seed/skin and elderberry.

### Highlights

**Quality Ingredients** – Phyto-Reds powder contains 85% certified organic ingredients, including phytonutrients from blueberries and apples, while also providing 220% of the daily value of vitamin C from the Amazonian acerola cherry. Specially selected ingredients guarantee maximum potency and antioxidant protection to quench damaging free radicals.

**Who may benefit from Phyto-Reds?** – Phyto-Reds can help you meet your daily requirement for fruits and vegetables while providing antioxidant protection – a tremendous benefit given the current environmental challenges and shortcomings of the modern food supply, which may increase the need for these valuable compounds.

Phyto-Reds is perfect for people who avoid or limit fruit consumption on low-carb diets because of its effect on blood sugar and insulin. It is also great for the elderly, who may have trouble chewing fruits and vegetables, and for children, who may have aversions to such foods.

### Recommended Use:

Mix 9 grams (approx. one tablespoon) in water per day, or as directed by your health care practitioner. Phyto-Reds also makes a powerful and great-tasting boost to shakes and smoothies.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT EVEXIA NUTRACEUTICALS, PLEASE CALL US AT (888) 852-2723,  
OR VISIT AT [WWW.EVEXIANUTRACEUTICALS.COM](http://WWW.EVEXIANUTRACEUTICALS.COM).